

## Module specification

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Module code	COU515
Module title	Evidencing trainee practice effectiveness in counselling
Level	5
Credit value	20
Faculty	Social & Life Sciences
Module Leader	Edward Hewitt-Symonds
HECoS Code	100495
Cost Code	GASC

### Programmes in which module to be offered

Programme title	Is the module core or option for this programme
Diploma of Higher Education in Counselling	Core

### Pre-requisites

N/A

### Breakdown of module hours

Learning and teaching hours	38 hrs
Placement tutor support	10 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
<b>Total active learning and teaching hours</b>	<b>38 hrs</b>
Placement / work based learning	50 hrs
Guided independent study	102 hrs
<b>Module duration (total hours)</b>	<b>200 hrs</b>

<b>For office use only</b>	
Initial approval date	30 <sup>th</sup> March 2021
With effect from date	1 <sup>st</sup> September 2021
Date and details of revision	
Version number	1

## Module aims

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To provide ongoing supported opportunity for clinical practice consistent with BACP guidelines.

To learn the nature and clinical value of a person-centred case study and how it can be utilised as a vehicle for critical reflection.

Evidencing clinical competence and development as a reflexive practitioner. Developing and evidencing through critical evaluation of personal clinical practice and theory an individual understanding and a personal philosophy of counselling and psychotherapy.

## Module Learning Outcomes - at the end of this module, students will be able to:

1	Critically evaluate an example of their own client casework integrating theory, practice, personal development and competent ethical practice.
2	Demonstrate the ability to manage a client case from initial contracting and appropriate risk assessment to review and ending.
3	Demonstrate the ability to work within agency and University policies and procedures around critically informed decision making and ethical practice within their own practice on placement.
4	Demonstrate effective use of clinical supervision in and around your own practice on placement.

## Assessment

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Indicative Assessment Tasks:

Utilise literature sources, clinical notes and recordings, personal experience, and personal insight to produce a case-study of approximately 3000 words (+/- 10%) critically appraising the effectiveness of the trainees own work with a specific client (with appropriate evidence of informed client consent). utilising standard punctuation and grammar and Harvard Style referencing.

Attendance: attendance and participation are requirements of the course because they evidence the number of training hours received for potential future individual accreditation with professional bodies such as BACP.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1,2, 3 & 4	Case Study	100%
2		Attendance	Pass / Fail

## Derogations

Credits shall be awarded by an Assessment Board for those modules in which all elements have been passed and a pass grade of 40% has been achieved.

Not eligible for RP(E)L

## Learning and Teaching Strategies

Community meeting / Home groups

Independent reading and reflection

Optional Personal journal

Personal therapy/support activities as appropriate

Case discussion groups

Tutorials External supervision

Continuing placement clinical counselling practice

Use of ICT:

A Module Handbook and Virtual Learning environment (VLE)

The module will draw on published books, journals and web resources in the field.

## Indicative Syllabus Outline

Introduction to the modules

Research in Counselling: Single case studies – how to and what personal philosophy / theoretical base am I working from? How do I know I'm sticking to it?

Ethics and case study research (BACP research ethics).

Developing your professional network – support for self & client benefit

Tribes of the person-centred nation re-visited

The medical model: strengths, weaknesses, opportunities and threats.

Existentialism and its relationship to the person-centred approach

The emotion focussed and experiential approach and PCEPS Experiential / creative methods

Private Practice / Other employment. Am I ready? How do I know?

Bringing it all together (have I got all the evidence I need to qualify?)

Plans for the future – working towards registration & accreditation including CPD requirements

Consolidation and Ending

Topics negotiated by the group

## **Indicative Bibliography:**

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Please note the essential reads and other indicative reading are subject to annual review and update. Please refer to the Module handbook for relevant academic year for the latest reading list.

### **Essential Reads**

Bond, T. (2010), *Standards and Ethics for Counselling in Action* 3rd edn London: Sage

Davy, J. (2006). How to write a client case study. In B. & Watts, *The Trainee Handbook: A Guide for Counselling & Psychotherapy Trainees* (pp. 110 - 134). London: Sage.

Mearns, D. and Thorne, B. (2013), *Person-Centred Counselling In Action*. 4th edition. London: Sage Publications Ltd

Sanders, P. (2003), *The Tribes of the Person-centred Nation: A Guide to the Schools of Therapy Associated with the Person-centred Approach*. London. SAGE.

Tolan, J. & Wilkins, P. (2012), *Client Issues in Counselling & Psychotherapy*. London: Sage

Tudor, K (2008), *Brief Person-Centred Therapies*. London: SAGE

*Electronic resources are made available via the VLE for each module. These include links to video clips, presentations and lecture / seminar handout as well as digitised texts where appropriate.*

### **Other indicative reading**

BACP Ethical Framework available to download: [www.bacp.co.uk/ethical\\_framework/](http://www.bacp.co.uk/ethical_framework/)

Bor, R. & Watts, M. (2011), *The Trainee Handbook: A Guide for Counselling & Psychotherapy Trainees* 3rd edn. London. Sage

The module handbook will offer further suggested reading

## **Employability skills – the Glyndŵr Graduate**

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Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

**Core Attributes**

Engaged  
Enterprising  
Creative  
Ethical

**Key Attitudes**

Commitment  
Curiosity  
Resilience  
Confidence  
Adaptability

**Practical Skillsets**

Digital Fluency  
Organisation  
Leadership and Team working  
Critical Thinking  
Emotional Intelligence  
Communication